

Candida auris

Disease plan

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Questions about this disease plan?

Contact the Utah Department of Health and Human Services, Office of Communicable Diseases: 801-538-6191.

Critical clinician information

Clinical evidence

Signs/symptoms

- *Candida auris* (*C. auris*) infections can present as septicemia, pneumonia, a urinary tract infection, and wounds/abscesses.
- *C. auris* can also be present as asymptomatic colonization.

Period of communicability

• *Candida auris* is communicable indefinitely from patients who are infected or colonized (colonization is when *C. auris* is present, but the patient does not have symptoms or signs of illness).

Incubation period

• The incubation period is not well defined.

Mode of transmission

- *C. auris* can survive on environmental surfaces for prolonged periods of time.
- *C. auris* can be spread from patient to patient through improper healthcare worker hand hygiene.
- If present in the respiratory tract, *C. auris* can be transmitted via droplet particles.
- C. auris can be transmitted through any contact with colonized or infected patients.

Laboratory testing

Type of lab test/timing of specimen collection

- *C. auris* can be misidentified as other closely related yeast species such as *C. haemulonii*, and requires specialist non-routine laboratory methods.
- Colonization screening is available (utilizing PCR methodology) for confirmed cases and potential outbreaks.
- Antifungal susceptibility testing (AFST) should be performed on all clinical *C. auris* isolates.
- Whole genome sequencing (WGS) can be utilized to study relatedness between isolates and to identify potential outbreaks.

Type of specimens

- Yeast isolates for rule out testing include: sputum, urine, abscesses, wounds (pressure sores), blood sources.
- Composite axilla-groin swabs are utilized for colonization screening.

Treatment recommendations

Type of treatment

- Treatment is recommended only for clinical infection or invasive *C. auris* disease.
 - Treatment is not recommended for colonized patients.
 - The Clinical and Laboratory Standards Institute (CLSI) does not have breakpoints for *C. auris*; however, tentative breakpoints are available as a treatment guideline.
- Antifungal drugs called echinocandins are used to treat *C. auris* infections, although high doses of multiple agents may be required to treat invasive infection since some isolates are resistant to multiple classes of antifungals, including echinocandins.

Time period to treat

Not defined

Prophylaxis

• None

Contact management

Isolation of case

- Contact Precautions
- Enhanced Barrier Precautions, when warranted

Quarantine of contacts

None

Infection control procedures

- Contact Precautions or Enhanced Barrier Precautions are recommended for patients/residents who are infected OR who are colonized with *C. quris*
- Use <u>Contact Precautions</u> for all patients with known *C. auris*, whether infected or colonized, in acute care hospitals and long-term acute care hospitals.
- Residents in **nursing homes** (e.g., skilled nursing facilities) with known *C. auris* infection or colonization should be placed on:
 - Contact Precautions if they have acute diarrhea, draining wounds, or sites of secretions or excretions that are not able to be contained or covered or when directed by public health authorities.
 - <u>Enhanced Barrier Precautions</u> for residents with known *C. auris* infection or colonization when Contact Precautions do not apply.

^{*}A full color <u>fact sheet</u> is available from the CDC website.

Why is Candida auris important to public health?

Candida auris (C. auris) is an emerging multi-drug resistant fungal pathogen, found commonly in healthcare settings abroad (Brooks et al., 2019). *C. auris* was first identified in 2009 from an inner-ear culture in Japan, and has since spread globally (Satoh et al., 2009). This fungal infection is a concern not only because of treatment complexities (owing to its multi-drug resistance), but also the fact that it targets medically-vulnerable populations (Centers for Disease Control and Prevention (CDC), 2019, General Information About *Candida auris*; Spivak & Hanson, 2017).

Patients infected with *C. auris* are also likely to be colonized. Colonization can result even after successful treatment of the infection. Additionally, infections can occur in colonized patients, especially those with in-dwelling devices, central lines, and wounds (Satoh et al., 2009). In such cases, devices can provide a portal for invasive infection with high mortality rates.

This pathogen is highly competitive in healthcare settings and has demonstrated the ability to overrun hospitals and long-term care settings (Spivak & Hanson, 2017). Further complications come from the pathogen's ability to survive on environmental surfaces, and its resistance to typical disinfection procedures (Cadnum et al., 2017).

The first case of *C. auris* in the United States (U.S.) appeared in 2013, and was detected through a retrospective study (Lockhart et al., 2016). Although many cases of *C. auris* have been reported in the U.S. since, no cases have been reported in Utah through October 2022. *C. auris* is reportable under the Utah Communicable Disease Rule (Utah Communicable Disease Rule R386-702, 2020). Additionally, because *C. auris* can be commonly misidentified as *Candida haemulonii* (*C. haemulonii*) (Kathuria et al., 2015), this organism has also been included in the Utah Reportable Disease Rule. For the most current case numbers by state of *C. auris* in the U.S., refer to the Centers for Disease Control and Prevention's (CDC) <u>Tracking Candida auris</u> website. Surveillance will provide better understanding regarding transmission, resistance patterns, and treatment response of this emerging pathogen.

Disease and epidemiology

Clinical description

C. auris has been found in bloodstream infections in healthcare settings and is often associated with high mortality rates. In addition to invasive infection, this emerging pathogen may also cause respiratory and urinary tract infections. It can also colonize the skin where no detectable clinical infection is seen; often leading to invasive infection and the potential for spread to other patients.

Causative agent

C. auris is a yeast in the *Ascomycota* phylum. It forms elongated and ovoid cells that can be seen on a wet-mount. Currently, no hyphae or pseudohyphae growth has been seen. On *Candida* ChromAgar[™], it can grow as multi-colony variants that can range from white to mauve, as seen in Figure 1. *C. auris* can grow comfortably either at 37°C or 42°C.

Figure 1: Candida ChromAgar[™] with C. auris displaying multi-colony variants



CDC, 2020, Identification of Candida auris

Differential diagnosis

The presence or suspicion of *C. auris* in clinical settings needs to be ruled out from other yeast isolates.

Laboratory identification

Although most laboratories can broadly classify yeast, most have limited capabilities to speciate and perform susceptibility testing on yeast isolates. Many laboratories have protocols for submitting yeast isolates to reference laboratories from sterile sites, and from persistent or difficult-to-treat infections. Additional confirmatory testing is necessary to rule out *C. auris* because *C. auris* can often be misidentified as other yeast, especially *C. haemulonii. C. auris* requires specialized identification methods. Please note the following Council of State and Territorial Epidemiologists (CSTE) position statement:

"Some yeast identification methods are unable to differentiate *C. auris* from other yeast species. *C. auris* can be misidentified as a number of different organisms when using

traditional biochemical methods for yeast identification such as VITEK 2 YST, API 20C, BD Phoenix yeast identification system, and MicroScan" (Council of State and Territorial Epidemiologists (CSTE), 2018)

The full statement can be accessed here.

Table 1 outlines appropriate diagnostic methods and laboratory reporting protocols approved and not approved for *C. auris* identification. Figure 2 expands on the platforms that incorrectly identify *C. auris*.

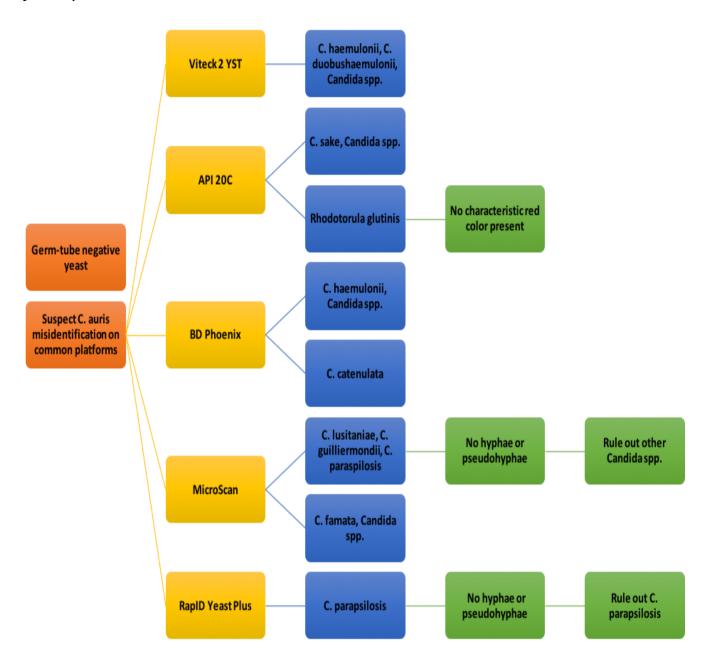
Table 1: Commercial methods approved or not approved for the identification of *C. auris*

*Methods currently approved for <i>C. auris</i> identification	Methods NOT currently approved to identify <i>C. auris</i>
Whole genome sequencing or marker gene sequencing of the internal transcribed spacer and D1/D2 regions	API 20C AUX (bioMérieux, Marcy l'Etoile, France) PD Phoenix (PD Diagnostics)
Bruker's 6903 MSP RUO databases for Biotyper	BD Phoenix (BD Diagnostics, Sparks, MD)
Specific bioMérieux identification platforms:	MicroScan (Beckman Coulter, Pasadena, CA)
4.14 database and Saccharomycetaceae update)	 RapID™ YEAST PLUS System (ThermoFisher Scientific, Waltman, MA)

^{*}Methods are continually evolving and advancing. This list is up-to-date as of 2022. CDC's MicrobeNet is a tool that provides information for the most relevant laboratory identification methods, including MALDI-TOF, which has been curated by subject matter experts (CDC, 2022, Microbenet). The Biotyper Classification Module, recently released as a collaboration between CDC and Bruker, provides MicrobeNet users with access to Bruker's most up-to-date database and CDC spectral libraries. The strains of *C. auris* represented in the MicrobeNet database have been proven to accurately classify to the species level on the Biotyper (CSTE, 2018).

^{**}Misidentifications of certain clades of *C. auris* have been reported, any *C. haemulonii, C. haemulonii* or non-identified *Candida spp.* identified on this platform would need further work-up to rule out *C. auris.*

Figure 2. Common yeast identification platforms that incorrectly identify *C. auris* as another yeast species



The Utah Communicable Disease Rule requires mandatory reporting to public health and submission of all *C. auris*, confirmed and suspected, and *C. haemulonii* isolates to the Utah Public Health Laboratory (UPHL) for identification and speciation (Utah Communicable Disease Rule R386-702, 2020). Correct identification and reporting of *C. auris* is essential for appropriate containment efforts.

Table 2 summarizes laboratory services offered at UPHL through the Antibiotic Resistance Laboratory Network (ARLN). These include identification via MALDI-TOF (rule-out *C. auris*) and Antifungal Susceptibilities (AFST) for invasive and clinical infections and whole genome sequencing (WGS). UPHL can also perform colonization screening for *C. auris*, although approval

from the Utah Department of Health and Human Services (DHHS) Healthcare-associated Infections Antimicrobial Resistance (HAI/AR) Program is required first. More information about colonization screening can be found at UPHL ARLN website. Additionally, any confirmed *C. auris* isolates will be reflexed to AFST and WGS will be performed to further characterize and link organisms to potential outbreaks.

Table 2: Laboratory services offered by UPHL for C. auris or other Candida non-albicans species

UPHL Candida testing	*C. auris rule out	Antifungal susceptibility testing (AFST)	C. auris colonization screening
Organism tested	Any Candida non-albicans	Any <i>Candida non-albicans</i> detected in a non-sterile source	C. auris
Method	MALDI-TOF	Broth microdilution	PCR
Specimen collection	Isolated organism from any source collected for diagnosis/treatment	Isolated organism from any source collected for diagnosis/treatment	Bilateral Axilla-Groin E-swab
Transport	Ambient	Ambient	4-8°C**
Stability	Specimens are stable on appropriate media if kept in 4-8°C for 1 month	Specimens are stable on appropriate media if kept in 4-8°C for 1 month	Specimens are stable for 4 days after collection

^{*}Confirmed *C. auris* or difficult-to-identify yeast isolates (suspected as *C. auris*) will be reflexed to whole genome sequencing (WGS) for confirmation of ID. WGS sequencing will also be utilized to study relatedness between isolates in potential outbreaks.

Treatment

C. auris is known to be a multidrug resistant pathogen, often resistant to fluconazole because of a resistance mutation of the Erg11 mutation (CDC, 2019, General Information About *Candida auris*). Antifungal drugs called echinocandins are used to treat *C. auris* infections. However, since some isolates are resistant to all 3 classes of antifungals, high doses of multiple agents may be required to treat invasive infection (Kim et al., 2011). Estimation of U.S. resistance and tentative breakpoints can be found in Table 3 and Table 4, respectively. Treatment is not recommended for colonized patients (CDC, 2019, General Information About *Candida auris*). However, treatment is recommended for invasive site infections, or if there is evidence of clinical disease from *C. auris*. Although *C. auris* is commonly resistant to antifungal drugs, there is variability seen in susceptibility patterns between isolates (CDC, 2019, General Information About *Candida auris*). As

of 2022, there are no Clinical and Laboratory Standards Institute (CLSI) breakpoints available for *C. auris*, but tentative breakpoints are available. Tentative breakpoints should serve as a guidance, since correlation between clinical outcomes and microbiologic breakpoints are unknown at this time (CDC, 2019, General Information About *Candida auris*).

Table 3: Estimates of *C. auris* resistance patterns in the U.S.

Antifungal class	% Resistance in U.S.		
Azoles***	88% (95-98%)		
Polyenes	34%		
Echinocandins	3%		

Note. (CDC, 2019, Antifungal Susceptibility Testing and Interpretation)

Table 4. Tentative breakpoints of commonly used antifungal drugs for *C. auris*, adapted from CDC, 2020

Antifungal agent	Tentative resistant breakpoint	Comments				
Triazole drug class						
Fluconazole	≥32	MIC mode calculations of fluconazole tested by CDC was ≥256; however, resistance mutation of the Erg11 gene responds to an MIC ≥32, corresponding to <i>C. auris</i> non-responsive to fluconazole for treatment.				
Second generation azoles, (e.g., Voriconazole)	N/A	Fluconazole susceptibility can be used as a surrogate for second generation triazole susceptibility assessment. However, isolates resistant to fluconazole may respond to other triazoles occasionally. The decision to treat with another triazole should be made on case-by-case basis.				
Polyene drug class						

^{***} Fluconazole resistance in the U.S. can vary based on geographic origin and presence of Erg11 resistance mutation.

Amphotericin B	≥2	If using Etest for amphotericin B and an MIC of 1.5 is determined, that value should be rounded up to 2.
Echinocandin drug class		
Anidulafungin	≥4	
Caspofungin	≥2	
Micafungin	≥4	

Note. (CDC, 2019, Antifungal Susceptibility Testing and Interpretation)

UPHL is able to conduct AFST for clinical or invasive *C. auris* infections. All therapeutic decisions should be ordered by a medical physician. Consultation with an infectious disease physician is recommended for clinical cases of *C. auris*. There are currently no known decolonization treatments that are effective or recommended for *C. auris*. Colonized patients are at a higher risk for developing invasive *C. auris* infection and should be monitored appropriately. For more information on AFST testing at UPHL, see the <u>ARLN website</u>.

Case fatality

A meta-analysis of 742 cases of *C. auris* from across the globe determined a crude mortality rate of 29.75% (Sekyere, 2018). Other estimates on the case fatality have a range of 30%-60% for *invasive C. auris* infections (Spivak & Hanson, 2017).

Reservoir

C. auris is predominantly associated with healthcare settings, and in November 2022 Utah identified its first case of *C. auris*. In healthcare settings, *C. auris* can live on environmental surfaces (e.g., bed rails, door knobs, therapy equipment, etc.) and can also be present on the skin of colonized patients. Research shows *C. auris* can be cultured for up to 14 days from both dry and moist surfaces, as well as from bedding for up to 7 days (Biswal et al, 2017; Welsh et al., 2017)).

Transmission

Transmission can occur from colonized patients to other susceptible hosts, from infected surfaces in healthcare settings, or from the hands of healthcare workers. Droplet transmission can play a role, especially if the infection is in the respiratory system. Transmission can also occur from contaminated surfaces in healthcare settings. For any confirmed or suspected case of *C. auris*, terminal cleaning of any room or any shared equipment is needed (CDC Healthcare Professionals FAQ, 2021). See EPA's <u>List P</u> for a current list of EPA-approved products for *C. auris*. If the products on <u>List P</u> are not accessible or otherwise suitable, facilities may use an EPA-registered hospital-grade disinfectant effective against *C. difficile* spores (<u>List K</u>) to disinfect *C. auris*.

Susceptibility

Risk factors for acquisition of *C. auris* include: having a history of multidrug resistant organism (MDRO) infections, underlying medical conditions (weakened immune system, devices like feeding/breathing tubes, catheters), frequent stays in healthcare settings, and/or high antimicrobial usage (CDC, 2022, *Candida auris* information for patients and family members). Therefore, to prevent the spread of *C. auris* in healthcare settings, early identification of colonized patients is essential. Colonized patients should be placed on transmission-based precautions. Healthy people who come into contact with *C. auris* are at low risk of infection, but can harbor the organism on their skin.

Incubation period

The incubation period is not well defined. Host susceptibility factors can play a role in transition from colonization to invasive infection, however this is still being investigated.

Period of communicability

The period of communicability is still under investigation. With no effective or recommended colonization treatments currently known, a person who is colonized or infected with *C. auris* is considered to be colonized indefinitely and should be considered capable of transmitting *C. auris*.

Epidemiology

Since *C. auris* surveillance and testing is just beginning, the full public health impact in Utah is unknown and there have not been any identified cases within the state. Containment is the overarching goal. Future surveillance will provide additional knowledge on the transmission, resistance patterns, and treatment response of *C. auris*.

While there is limited information regarding *C. auris* and *C. haemulonii*, the following trends have been observed:

- As of January 1, 2022, 3,200 confirmed clinical *C. auris* cases have been reported in the U.S. with an additional 7,300 colonized patients, confirmed by screening across 29 states. *C. auris* infections can cause septicemia, and have a high mortality rate, particularly in immunocompromised and nursing home patients. Between 30% to 60% of *C. auris* patients with invasive infections die and *C. auris* has been found to colonize the skin of asymptomatic people (CSTE, 2018).
- Principal risk factors for *C. auris* and *C. haemulonii* infection include: recent surgery, recent broad-spectrum antibiotic or antifungal treatment, indwelling catheters, central venous catheters, and exposure to nursing homes and short- and long-term acute care hospitals (Biswal et al., 2017).

Public health control measures

Public health responsibility

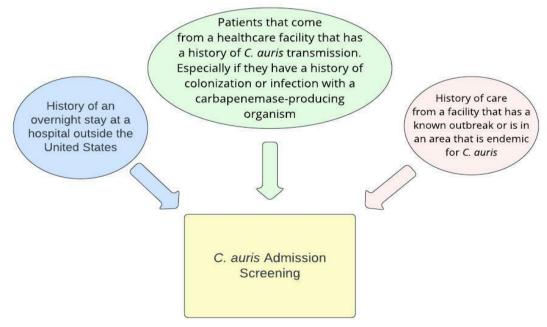
Public health should be notified of all *C. auris* cases in Utah and will work with healthcare partners for containment and testing needs. Public health will conduct case and outbreak management. All *C. auris* investigations are considered a Tier One investigation and should include the actions described in the outbreak investigation section in Table 8. Recommended public health actions in different facility settings are summarized in Table 5. Depending on the local health department jurisdiction, investigations may be conducted by the state and/or local health department.

Admission screening is an important tool to prevent the spread of *C. auris* in Utah's healthcare facilities. Outbreaks in healthcare facilities can be traced to undetected colonized patients or misidentification of invasive infection. *C. auris* can spread rapidly in a healthcare setting. The criteria for admission screening selection are based on the risk factors for colonization.

Guidelines for admission screening (CDC, 2020, Screening for Candida auris Colonization)

- Patients who have had an overnight stay at a hospital outside the United States in the past year. Especially if they have a history of colonization or infection with a carbapenemase-producing organism.
- Patients who come from a healthcare facility which has a history of *C. auris* transmission.
- History of care from a facility which has a known outbreak or is in an area that is endemic for *C. quris*.

Figure 3: Guidelines for admission screening of C. auris



^{*}Admission screening for *C. auris* is recommended to be implemented as a preventative measure. Please work with the DHHS HAI/AR Team to schedule screenings at hai@utah.gov.

Types of screenings involved in healthcare settings

- Admission screening
 - Proactive screening to better understand the incidence of select organisms in the resident/patient population
- Point prevalence screening (PPS)
 - Both proactive and reactive screening
 - The CDC recommends screening to be conducted at routine intervals for higher risk facilities (LTACH, vSNF, acute care settings)
 - Also conducted as part of an outbreak response if a *C. auris* case is discovered at a facility

Table 5: Public health recommendations for confirmed *C. auris* for healthcare facilities

Patient care facility	Acute care setting	Long-term care/ nursing home	Outpatient settings	Home health care
Full investigation conducted by DHHS and local health department (LHD)?	Yes	Yes	Yes	Yes
Standard and Contact Precautions	Yes, indefinitely	Yes, indefinitely	Yes, indefinitely	Yes, indefinitely
Enhanced Barrier Precautions for high contact activities	N/A	Yes	N/A	N/A
Single room occupancy	Yes, cohorting of C. auris patients allowed (presence of other communicable disease should	Yes, cohorting of C. auris patients allowed (presence of other communicable disease should	N/A	N/A
	also be taken into consideration during the cohorting process)	also be taken into consideration during the cohorting process)		

Cleaning recommendations	Daily and terminal cleaning of patient's room and areas they receive care along with equipment (List P)	Daily and terminal cleaning of patient's room and areas they receive care along with equipment (List P)	Terminal cleaning of patient area and equipment (List P)	Daily cleaning of patient area and visibly soiled areas (List P)
Colonization screening of contacts of case-patient	Yes	Yes	Yes	Yes
Communication of C. auris status upon facility transfer/ admission	Yes	Yes	Yes	Yes
Other recommendations	 If there are multiple cases, can consider cohorting patients together Use Contact Precautions 	 If there are multiple cases, can consider cohorting patients together Use Enhanced Barrier Precautions for high contact activities 	Dialysis facilities should use a separate room for patient treatment that is not used as a Hepatitis B isolation room	For home and family members Risk of contracting C. auris in healthy individuals is very low Practice good hand hygiene If family members are providing care, disposable gloves should be used

Prevention

Prevention is multi-faceted and includes multiple infection prevention and control (IPC) actions and recommendations:

- Place patients and residents colonized or infected with *C. auris* on Transmission-based precautions as described on page 3.
- Perform admission screening as outlined in Figure 3.
- Follow basic IPC practices, such as hand washing and proper PPE use.
- Use dedicated equipment when possible.

- Ensure terminal environmental cleaning of rooms and cleaning and disinfection of shared equipment with List P products.
- Communicate colonization status by using inter-facility <u>transfer forms</u> to limit inter-facility spread.

Chemoprophylaxis

There is no known chemoprophylaxis available for *C. auris*.

Vaccine

There is no vaccine available for *C. auris*.

Isolation and quarantine requirements

(Summarized in Table 5)

Isolation: For patients in long-term care facilities, Contact Precautions as well as Enhanced Barrier Protection should be used when applicable.

Hospital: Patients with positive *C. auris*, either clinical or colonized should be put on Contact Precautions.

Quarantine: No requirements.

Case investigation

Reporting

Per the Utah Communicable Disease Rule, all cases or suspect cases should be reported to public health within 3 working days (Utah Communicable Disease Rule R386-702, 2020). However, immediate notification to the DHHS HAI/AR program by emailing hai@utah.gov is strongly recommended. Suspect isolates/organisms should also be submitted to UPHL for further testing and investigation. CSTE reporting criteria are summarized in Table 6.

Table 6: CSTE criteria to determine whether a case should be reported to public health

Criterion	Reporting
Clinical evidence	
None	
Laboratory evidence	
Detection of <i>C. auris</i> in a specimen using either culture or a culture independent diagnostic test (e.g., PCR)	S

Detection of an organism that commonly represents a <i>C. auris</i> misidentification in a specimen by culture. (See Figure 2. for a comprehensive list).	S
Epidemiological evidence	
None	

Notes: S = This criterion alone is sufficient to report a case. A requisition or order for any of the "S" laboratory tests is sufficient to meet the reporting criteria (CSTE, 2018).

Case definition (2018)

Candida auris

Confirmed

Clinical invasive or non-invasive: Person with confirmatory laboratory evidence from a clinical specimen collected for the purpose of diagnosing or treating disease in the normal course of care. This includes specimens from sites reflecting invasive infection (e.g., blood, cerebrospinal fluid) and specimens from non-invasive sites such as wounds, urine, and the respiratory tract, where the presence of *C. auris* may simply represent colonization and not true infection.

Colonization: Person with confirmatory laboratory evidence from a swab collected for the purpose of screening for *C. auris* colonization regardless of site swabbed. Typical colonization/ screening specimen sites are skin (e.g., axilla, groin), nares, rectum, or other external body sites. Swabs from wound or draining ears are considered clinical.

Probable

Clinical invasive or non-invasive: Person with presumptive laboratory evidence from a clinical specimen collected for the purpose of diagnosing or treating disease in the normal course of care and evidence of epidemiologic linkage. A clinical specimen includes specimens from sites reflecting invasive infection (e.g., blood, cerebrospinal fluid) and specimens from non-invasive sites such as wounds, urine, and the respiratory tract, where presence of *C. auris* may simply represent colonization and not true infection.

Colonization: Person with presumptive laboratory evidence from a swab collected for the purpose of screening for *C. auris* colonization regardless of site swabbed. Typical colonization/screening specimen sites are skin (e.g., axilla, groin), nares, rectum, or other external body sites. Swabs from wound or draining ears are considered clinical.

Suspect

Person with presumptive laboratory evidence from a clinical specimen collected for the purpose of diagnosing or treating disease in the normal course of care and no evidence of epidemiologic linkage. A clinical specimen includes specimens from sites reflecting invasive infection (e.g., blood, cerebrospinal fluid) and specimens from non-invasive sites such as wounds, urine, and the respiratory tract, where presence of *C. auris* may simply represent colonization and not true infection.

Figure 4: Cheat sheet summary of definitions for suspect, probable and confirmed cases of *C. auris*

Suspect

• Presumptive laboratory evidence, collected for diagnosing or treatment from a clinical specimen, and **no epidemiological evidence** of *C. auris*.

Probable

- Presumptive laboratory evidence, collected for diagnosis or treatment and epidemiological evidence of C. auris.
- Presumptive laboratory evidence from an external body source swab that was collected for C. auris colonization.

Confirmed

 Confirmed laboratory evidence from either a clinical laboratory source or from a swab for the purpose of colonization screening.

Table 7: CSTE criteria for defining a case of *C. auris*

	Clinical cases			ion/screening cases	
	Clinical suspect	Clinical probable	Clinical confirmed	Colonization/ screening probable	Colonization/ screening confirmed
Clinical evidence					
None					
Laboratory evidence					
Detection of <i>C. auris</i> from any body site using either culture or culture			N		N

^{*18-}ID-05

independent diagnostic					
test (e.g., PCR)					
Detection of <i>C. haemulonii</i> from any body site using a yeast identification method not able to detect <i>C. auris</i> (see Figure 2.)	N	N		N	
Clinical specimen was obtained during the normal course of care	Z	N	N		
Specimen from a swab was obtained for the purpose of colonization screening				N	Z
Isolate/specimen is not available for further testing or has not yet undergone further testing	Z	N		N	
Epidemiologic evidence					
Resided within the same household with another person with confirmatory or presumptive laboratory evidence of <i>C. auris</i> infection or colonization		0			
Received care in the same healthcare facility as another person who had confirmatory or presumptive laboratory evidence of <i>C. auris</i> infection or colonization within the prior 12 months		Ο			
Received care in a healthcare facility that commonly shares patients with another facility that had a patient with confirmatory or		Ο			

presumptive laboratory evidence of <i>C. auris</i> infection or colonization within the prior 12 months Stayed overnight in a healthcare facility in the previous one year in a foreign country with documented <i>C. auris</i>		0			
Absence of epidemiologic link to a confirmed case	N				
Criteria to distinguish a new	case				
For clinical cases, count patient once regardless if a new event occurs	N	N	N		
For colonization/screening cases, count patient only once regardless of the interval between testing (assumes patient is always colonized)				N	N
A person with a colonization/screening case can later have a separate clinical case	N	N	N	N	N
A patient with a clinical case should not be counted as having a colonization/screening case thereafter	N	Z	N	N	N
Received care in a healthcare facility that commonly shares patients with another facility that had a patient with confirmatory or presumptive laboratory		0			

evidence of <i>C. auris</i>			
infection or colonization			
within the prior 12 months			

Note: N = All N criteria in the same column are NECESSARY to classify a case. A number following an N indicates this criterion is only required for a specific disease/condition subtype (see below). If the absence of a criterion (i.e., criterion NOT present) is required for the case to meet the classification criteria, list the absence of criterion as a necessary component.

O = At least one of these O (ONE OR MORE) criteria in each category (categories = clinical evidence, laboratory evidence, and epidemiologic evidence) in the same column—in conjunction with all N criteria in the same column—is required to classify a case. A number following an O indicates this criterion is only required for a specific disease/condition subtype (CSTE, 2018).

Case investigation process

A full case investigation should be conducted on all probable and confirmed clinical and surveillance cases of *C. auris* by LHD investigators or designated state epidemiology personnel. This involves the investigator filling out the Case Investigation Form in Appendix A which aims to gather risk factors and facility history information which should be used to identify potential contacts. The completed form should be attached under the notes section of UT-NEDSS (EpiTrax) and case status should be set in UT-NEDSS (EpiTrax) and then reviewed at the state level. A thorough facility history is necessary to populate the clinical tab in UT-NEDSS (EpiTrax) to enable the facility-centric module to be used to identify potential outbreaks.

a. Suspect cases

<u>Public health epidemiology action:</u> No investigation is usually necessary. Coordinate with the facility to ensure contact precautions and facility transfer communication. Close case.

<u>Facility action:</u> Contact Precautions or Enhanced Barrier Precautions recommended for duration of stay. Communicate status upon facility transfer.

b. Probable cases

<u>Public health epidemiology action:</u> If the case is newly-transmitted, conduct a *C. auris* case investigation. Use the Case Investigation Form in Appendix A. Support laboratory efforts for identification of infection and/or colonization.

<u>Facility action:</u> Contact Precautions or Enhanced Barrier Precautions recommended for duration of stay. Communicate status upon facility transfer.

c. Confirmed cases

In Utah, confirmed cases will include *C. auris/haemulonii*—both clinical and screening isolates/testing.

<u>Public health epidemiology action:</u> If the case is newly transmitted, conduct a *C. auris* case investigation. Use the Case Investigation Form in Appendix A. If facility transmission is suspected, offer an onsite assessment of the facility's infection prevention and control program. Increased suspicion of facility transmission may be a reason to begin an outbreak investigation. It is strongly recommended to conduct *C. auris* colonization screening for patients who have had contact with the case-patient.

<u>Facility action:</u> Contact Precautions or Enhanced Barrier Precautions recommended for duration of stay. Communicate status upon facility transfer. *C. auris* status must be communicated to the receiving facility in any facility transfer events. Use the <u>Utah Infection</u> <u>Control Transfer Form</u> for patient transfer between facilities.

d. Not a case

No public health action is needed for *Candida* spp. or other yeast species that have been ruled out as *C. auris*. These events should be closed in UT-NEDSS (EpiTrax) as not a case.

Outbreaks

An outbreak is defined as 1 case of *C. auris*, since there have been no previous *C. auris* cases detected in Utah, and requires a full investigation. Outbreak investigations for confirmed and probable cases of *C. auris* fall under a Tier One investigation which includes the activities outlined in Table 8 and an onsite visit with an infection control assessment, lab lookback and prospective surveillance. Also, conducting a point prevalence screening is recommended on any contacts of the case(s), which includes both healthcare and household contacts along with any roommates. Other activities such as environmental sampling and healthcare personnel screening would be conducted on an as-needed basis only. All *C. auris* isolates from both clinical and environmental sources should be reflexed to sequencing. Whole genome sequencing (WGS) results can be utilized to produce relatedness trees of *C. auris* isolates and identify potential outbreaks.

Follow the actions and complete the checklist form in Appendix B, *C. auris* Response Plan, to respond to suspected case(s) of *C. auris*.

Table 8: Recommended Tier One investigation activities for *C. auris* case and outbreak investigations

Tier One outbreak or complex investigation	
List of applicable organisms or conditions	Resistance mechanisms never or very rarely identified in the United States; pan-resistant organisms with the potential for wider spread in a region

Onsite visit	Recommended
Infection control assessment	Recommended
Prospective surveillance	Recommended
Laboratory lookback	Recommended
Screening of healthcare roommates	Recommended
Broader screening of healthcare contacts	Recommended
Household contacts screening	As needed
Environmental sampling	As needed
Healthcare personnel screening	As needed

Identifying case contacts

Once identified, case contacts should be screened with sampling using an axillary/groin swab for *C. auris* using a ring surveillance strategy. This involves starting with the highest risk/closest contacts, e.g., roommates and moving outward to broader healthcare contacts, e.g., those who share services such as wound and respiratory care. Case contacts include, but are not limited to:

- Roommates or close contacts of the positive case
- Shared services (e.g., wound care, physical therapy, urology services)
- Other patients in the same unit or patients cared for by the same healthcare staff.

For more information, refer to the C. auris Response Plan in Appendix B.

Case contact management

- Colonization screening of facility; recommended at 2-week intervals
 - o Rescreening of known positives is not recommended
- Isolation/cohorting of those who are positive
- Contact precautions and enhanced barrier precautions
- Terminal cleaning of patient area such as bed rails and linens and any shared equipment, such as physical therapy equipment
- Use dedicated equipment such as blood pressure cuff and lift sling when possible
- Use <u>Transfer forms</u> to notify the next provider and any outpatient provider of colonization status
- Call with stakeholders to coordinate containment and case management

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Version control

V. 01/26/2021: Created new disease plan.

V. 12/16/2022: Updated critical clinician information, Why is *candida auris* important to public health, Disease and epidemiology, Public health control measures, and Appendix B. Minor grammatical changes throughout. Updated references to APA 7th edition format.

UT-NEDSS (EpiTrax) minimum/required fields by tab

Demographic

- First name
- Last name
- Age
- Date of birth
- Date of death
- Phone number
- Area code
- County
- Birth gender
- Race
- Street
- City
- State
- 7IP Code

Clinical

- Admission date
- Clinician first name
- Clinician last name
- Clinician phone
- Date diagnosed
- Died
- Date of death
- Diagnostic facility
- Disease
- Health facility
- Hospitalized
- Onset date

Laboratory

- Collection date
- Lab
- Organism
- Result value
- Specimen source
- Test result
- Test type
- Units

Epidemiological

- Date of exposure
- Exposure city
- Exposure name
- Exposure place type
- Food handler
- Group living
- Healthcare worker
- Imported from
- Other Data 1
- Other Data 2

Investigation

- Had a fever and pneumonia
- Other relevant details:
- Date patient admitted to reporting facility?
- Was patient transferred from another facility?
- Transferred from where?
- Type of facility patient was transferred from
- Date of transfer
- Was this infection healthcare facility acquired?
- Has the healthcare facility taken measures to prevent further spread of organism, if warranted?

Contacts

N/A

Reporting

Date first reported to public health

Administrative

- LHD investigation/intervention started
- Outbreak-associated
- Outbreak name
- State case status

Candida auris infection rules for entering laboratory test results

The following rules describe how laboratory results reported to public health should be added to new or existing events in UT-NEDSS (EpiTrax). These rules have been developed for the automated processing of electronic laboratory reports (ELR), although they also apply to manual data entry.

Test-specific rules

Test specific rules describe what test type and test result combinations are allowed to create new morbidity events in UT-NEDSS (EpiTrax), and what test type and test result combinations are allowed to update existing events (morbidity or contact) in UT-NEDSS (EpiTrax).

Test type	Test result	Create a new event	Update an existing event
C. auris culture	Positive	Yes	Yes
	Negative	No	Yes
	Indeterminate	Yes	Yes
C. haemulonii culture	Positive	Yes	Yes
	Negative	No	Yes
	Indeterminate	Yes	Yes
Other rare Candida	Positive	Yes	Yes
spp. or <i>Candida spp</i> . from sterile sites	Negative	No	Yes
implicated in invasive disease that cannot be accurately speciated**	Indeterminate	Yes	Yes
C. auris PCR	Positive	Yes	Yes
	Negative	No	Yes
	Indeterminate	Yes	Yes
C. haemulonii PCR	Positive	Yes	Yes
	Negative	No	Yes
	Indeterminate	Yes	Yes

Note: **Exclude *C. albicans, C. parapsilosis, C. dubliniensis, C. lusitaniae, C. tropicalis,* and *C. kruseil* and any other yeast infections that do not fit the above criteria.

Whitelist rules

Whitelist rules describe how long an existing event can have new laboratory data appended to it. If a laboratory result falls outside the whitelist rules for an existing event, it should not be added to that event, and should be evaluated to determine if a new event or client medical record (CMR) should be created.

C. auris infection morbidity whitelist rule: Never a new case.

C. auris infection contact whitelist rule: If the specimen collection date of the laboratory result is 6 months or less after the date of the contact event, the laboratory result should be added to the contact event.

Graylist rule

We often receive laboratory results through ELR that cannot create cases, but can be useful if a case is created in the future. These laboratory results go to the graylist. The graylist rule describes how long an existing event can have an old laboratory result appended to it.

C. auris infection graylist rule: If the specimen collection date of the laboratory result is 3 months before to 3 months after the event date of the morbidity event, the laboratory result should be added to the morbidity event.

Other electronic laboratory processing rules

If an existing event has a state case status of not a case, ELR will never add additional test results to that case. New labs will be evaluated to determine if a new CMR should be created.

Appendices

Appendix A: Candida auris case investigation form

Patient demographics							
First name:	name: Middle name:						
Last name:	Last name:						
Date of birth:							
Parent/guardia	n:						
Address:							
City:		State:			ZI	P:	
Is this address nursing home?	for a long-term ca	re hospit	tal or	≅ Yes		■ No	
Name of facility	y:			Facility type:			
Phone number	:		Sex:	≡ M ≡ F			
Email address:							
Primary langua	Primary language:						
Ethnicity Race				ace			
■ Not	Hispanic or	≡ Wh	nite		■ Black or African American		
Hispanic or Latino	Latino	≡ Am Native		n Indian or Alaska	⊞ Asian		
		ı	ative Ha	awaiian or Other der	■ Unknown		
			Cli	nical information			
Onset date (firs	st date of symptor	ms):	Date c	of <i>Candida spp.</i> specir	men	collection:	
		Туре	e(s) of	sample (check all the	at ap	oply)	
■ Unknown	■ Blood	■ Uri	⊞ Urine			Bronchoalveolar Lavage (BAL)	
■ Wound	■ Other steril	e site:					
Type of case					☐ Screening/surveillance		
					. No		

culture?								
Was antifungal s testing (AFST) pe		≡ Yes		■ No				
	If AFST was performed, record MICs							
Fluconazole		Voriconazole		Ar	mphotericin			
Micofungin		Caspofungin		Ar	nidulafungin			
	Laboratory report form							
What methods a	re used for AFST?							
■ Broth Microdilution	E-test	■ Automatic						
Was it initially m	nisidentified?	≡ Yes			No			
If yes, which me used?	thod was	☐ API 20C Aux			VITEK-2			
		■ MicroScan		■ Other:				
If yes, as what?		☐ Candida haemulonii ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐			ः Candida famata			
ः Candida sak€	?	≡ Candida spρ).	■ Other				
colonized with a multidrug-resist	·) E	¹ No			
		Health	care encounte	rs				
specimen collec	t the time of <i>C. auris</i> Decimen collection, was the atient admitted in a ealthcare facility?			American State of the state of	¹ No			
Facility name:			Facility type:					
Facility address:			Was the patient in Contact Precautions for the duration, or part of their stay? Was this infection healthcare facility acquired? (In a facility 2 days proceed to culture collect and no previous positive culture?			facility In a ays prior collection vious		
Facility city:	Facility state:	Facility ZIP:	⊞ Duration		■ Part of stay	≅ Yes	≡ No	

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Was the patient	Ye:	S	EA.	- No	Admit date:		Discharge date:		
admitted to the facility?					Died from illness?	æ Yes	≡ No	Dat	e of death:
From where was the patient admitted?	⊞ Ho	ome 🖶 Facility, spe			ecify:	r:			
To where was the patient discharged?	₩ Ho	ome	Z.	≡ Facility, sp	ecify:	Other:			
Was the patient admitted to an intensive care u (ICU) in the past months?	nit	æ Yes	5	≅ No	Facility name: Length of stay:				
Date of admission the ICU	Date of admission to the ICU		Date of discharge from the ICU/_		_//				
			Lo	cations of pa	tient during hospitaliz	zation			
Unit/floor:		Room:			Dates: //to//			On Contact Precautions?	
							≡ Ye	!S	■ No
Unit/floor:		Room:			Dates: //to/		On Contact Precautions?		
						/	≡ Ye	es	■ No
Unit/floor: Room:			Dates:			On Contact Precautions?			
					//to/	/	≡ Ye	!S	■ No
Unit/floor: Room:							On Contact Precautions?		
				/to/		≡ Ye	es .	■ No	
Did the patient have a roommate (or ward mates, if general ward) at any point while not on Contact Precautions?						0			

-		₽ Voc	■ No					
		Was the patient admitted to an ICU in the past 6 months? Yes			ility name: nth/year:			
Was the patient trans other facility from the facility?	-	≡ Yes	≅ No		eiving facili nth/year:	ty nam	e:	
■ Acute care hospital	al	≡ Long	-term care	e facilit	ту	1 EE	ong-te	rm acute care hospital
Was MDRO status co receiving facility (Faci			■ Yes				≡ N	0
Has the patient had a in the past year?	any surgical proce	dures	≡ Yes				≡ N	0
List surgical procedure	es:							
Has the patient had a procedures in the pa	■ Yes				≡ N	0		
List out-patient procedures:								
Is the patient bed-bo	ound?			s 🖻 No			o	
	Underlyir	ng medica	al conditio	ns (ch	eck all that	apply)		
■ Diabetes ■ F	Hemodialysis	. Eπ Chι dis€	ronic liver ease		Chronic respiratory disease			
,	AIDS/CD4 count 200	Transplant recipient			☐ Other immunosuppressed state: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐			oressed state:
☐ Cancer:					Other:			
Has the patient had exposure to any of the following devices in place in the past 6 months? (check all that apply)								
■ Mechanical ventilation	■ Central venous catheter			2 ms	■ Peripheral IV ■ Dialys		Dialysis catheter	
■ Urinary catheter					☐ Gastrostomy tube ☐ NG tube		NG tube	
■ Tracheostomy	■ Nephrostomy tube			■ Surgical drain		Accounts to the contract of th		
Intra-abdominal drain or catheter	≅ Surgical drain			p	Other surgi procedure of device (pleas pecify):	r		Intra-abdominal Irain or catheter

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Has the patient the country in t	traveled outside of he past year?	Location:		Date:	
	■ No	Location:		Date:	
Did the patient care outside of		Location:		Date:	
≅ Yes	■ No	Location:		Date:	
		Treatment	history		
In the 2 weeks p	orior to the <i>C. auris</i> sp	ecimen collection:			
Did the patient	receive broad spectru	ım antibiotics?	≡ Yes	≅ No	
Did the patient	receive antifungal me	dication?	≡ Yes	≅ No	
If yes, please sp	ecify antifungal (e.g.,	fluconazole):			
After the <i>C. auri</i> antifungal medi	s was identified, did tl cation?	he patient receive	₹ Yes	≅ No	
If yes, please sp	ecify antifungal (e.g.,	fluconazole) and trea		_/to/	
Contacts					
Please list all contacts below and indicate if they are a familial contact, healthcare worker contact, or facility roommate.					
Name:		Phone num	ber:	Contact type:	
Name:		Phone num	ber:	Contact type:	
Name:		Phone num	ber:	Contact type:	
Name:		Phone num	ber:	Contact type:	

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Name:	Phone number:	Contact type:
Name:	Phone number:	Contact type:
Name:	Phone number:	Contact type:
Name:	Phone number:	Contact type:
Name:	Phone number:	Contact type:
Name:	Phone number:	Contact type:
Name:	Phone number:	Contact type:
Additional notes:		

Appendix B: Candida auris response plan

DHHS: Utah Department of Health and Human Services, **UPHL**: Utah Public Health Laboratory, **LHD**: Local Health Department, **IP**: Infection Preventionist, **ICS**: Incident Command Structure, **HAI/AR**: Healthcare-associated Infections/Antimicrobial Resistance Program, **ARLN**: Antibiotic Resistance Laboratory Network, **MALDI**: Matrix Assisted Laser Desorption/Ionization.

Immediate actions

Public	health actions	
置	 Notify DHHS chain of command HAI/AR program manager Office of Communicable Diseases of State epidemiologist All of HAI/AR program 	Date completed
20100 2 ===	Notify relevant LHD contacts	Date completed
Facilit	y IP actions	
general general	Communicate with IPs to ensure they are	aware of the situation Date completed
FORCE TO TO TO TO TO TO TO TO TO TO TO TO TO	Send IPs the <u>Infection Prevention and Con</u> <u>CDC Fact Sheet</u>	trol for <i>Candida auris</i> document and
10000 1 EE	Isolate the patient(s)	Date completed
POLICE TO THE PO	Switch to using a <u>List P</u> cleaning agent	Date completed
Clinica	al lab actions	
2010 2010	Contact clinical lab	Date completed
	Ensure the lab saves the isolate and ask the	ne lab to send the isolate to UPHL for
	,	Date completed
	If there are questions about coordinating inutah@utah.gov.	isolate shipment to UPHL, contact
		Date completed
UPHL		

Notify the infectious disease chief scientis situation so they can be on the lookout for th	et and microbiology technical supervisor about the
situation so they can be on the lookout for th	Date completed
■ UPHL will identify the isolate with MALDI	Date completed
After Candida auris case is confirmed	
☐ Initiate public health coordination call (sho	ould mimic an ICS call) Date completed
 Who should be involved? DHHS HAI/AR investigator(s) HAI/AR IP(s) HAI/AR program mand Office of Communication State epidemiologist Local epidemiologist Local health officer UPHL Infectious disease chealth officer Microbiology technication NGS chief scientist ARLN regional lab contents 	nager able Diseases director : nief scientist cal supervisor
 Call objectives Use HAI outbreak template and LHD Schedule time for next call to 	to determine roles and responsibilities of DHHS with the facility(ies)
Set up a call with CDC (<u>haioutbreak@cdc.</u>)	gov) Date completed
Discuss plan and ensure we are plan	anning all of the appropriate containment actions
	ical lab Date completed
6 months to identify other potentia	ates, excluding vaginal sources, in the preceding al causes x patients(s) and enter the cases into EpiTrax
Set up a call with public health/relevant fa	acilities Date completed
Who to include?	

o IP and leadership at the facility where the patient was diagnosed

- o IP and leadership at facility where the patient is currently admitted (if transferred)
- o IP and leadership at any facility where the patient was in the 6 months prior to diagnosis
- o DHHS
- o UPHL (including ARLN lab coordinator)
- o LHD
- Call objectives
 - o Discuss overview of the current situation
 - o Discuss the tiered investigation activities
 - o Schedule an onsite facility visit
 - Conduct an infection control assessment and response (ICAR) interview
 - Conduct infection control observations
 - Discuss recommendations for colonization screening
 - Compile a list of high-risk patients for screening
 - **♦** Roommates
 - ♦ Any patients with shared services and/or shared equipment with index cases(s)
 - ♦ Any patients with a carbapenem-resistant organism (CRO)
 - ♦ Any patients with travel history (international travel or travel from any states with identified cases of *Candida auris*).
- Ask the facility to provide a few dates for screening. The ARLN lab coordinator will schedule the screening and ensure the lab has capacity to process and test the samples on the requested dates.
 - o Generally, this needs to be completed Monday-Wednesday.