MMWR Week 39, September 22-September 28 2024



This report contains preliminary data through the week ending **September 28, 2024**.

Background:

Utah public health conducts surveillance for reportable arboviral diseases¹ year-round. The focus of these surveillance efforts is to primarily monitor endemic mosquito-borne diseases such as West Nile virus (WNV), Saint Louis encephalitis (SLE), and Western Equine encephalitis (WEE) which includes routine testing of the mosquito vector that causes these endemic diseases along with tracking human and horse cases. WNV is the leading cause of mosquito-borne disease in the continental United States,² as well as Utah. Due to the abundance of this virus, this report will primarily contain information regarding WNV human, mosquito, and animal detections.

West Nile virus (WNV) is carried by mosquitoes and commonly found in Africa, West Asia, and the Middle East. The virus first appeared in the U.S. in 1999 and in Utah in August 2003. WNV can cause disease in humans, birds, horses, and some other mammals. WNV is most commonly spread through the bite of an infected *Culex* mosquito. Most people (70–80%) who become infected with WNV do not develop any symptoms. Those people who do become ill may experience headache, body aches, joint pain, vomiting, diarrhea, or rash. Fewer than 1% of people infected with WNV will develop a serious neurologic illness, such as encephalitis (inflammation of the brain) or meningitis (inflammation of the membranes that surround the brain and spinal cord).² There are no vaccines to prevent or medicines to treat WNV in humans. However, there is a WNV vaccine for horses that is strongly recommended for all healthy horses.³

St. Louis encephalitis (SLE) virus is spread to people by the bite of an infected mosquito. Most people infected with SLE virus do not have symptoms. Those people who do become ill may experience fever, headache, nausea, vomiting, and tiredness. Some people may develop a more serious neuroinvasive disease. In rare cases, long-term disability or death can occur. There are no vaccines to prevent or medicines to treat SLE.⁴

Beginning in 2023, this report has been expanded to enhance awareness of other mosquito-borne diseases that have been historically travel-associated. These include chikungunya, dengue, yellow fever, zika, and malaria. These enhanced efforts resulted from recent locally-acquired malaria (2023)⁵ and dengue (2022)⁶ cases reported in other states. Utah has not seen locally-acquired transmission of these diseases. Utah does have the mosquito vectors that can transmit malaria (*Anopheles* species) and dengue (*Aedes aegypti*) across the state. We consider the risk of local transmission to be very low, because our vector numbers in the state are very small and the *Anopheles* vectors we have in the state are not the most efficient mosquito vector for the malaria parasite. However, it is important we remain vigilant in our surveillance efforts.

Anopheles (the vector for malaria) mosquito detection has been reported by every mosquito abatement district across the state and, in most cases, since the start of each district's inception. The two species of *Anopheles* found most commonly in Utah are *A. freeborni* and *A. franciscanus*; other *Anopheles* species are also found each year in Utah, but are usually found in small numbers.

Aedes aegypti, the vector for dengue and zika, has been detected in multiple areas of the Southwest health jurisdiction, as well as in Moab, Utah. A. aegypti was first detected in 2013 in Southwest, and since then, has been found every year since 2020 in that jurisdiction. In 2023, Southwest detected A. αegypti in

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a new location. *A. aegypti* was first found in Moab in September 2019, and has since been found in 2021, 2022, and 2023. In 2023, *A. aegypti* was found at 3 sites and there have been 8 detections, totaling 13 mosquitoes.

Data presented in this report are based on currently available data and are subject to change. Mosquito abatement districts (MADs) report positive WNV, SLE, and WEE results to the Utah Department of Health and Human Services (DHSS) by end of day Friday during each MMWR week. However, testing varies by county and not all counties actively test for arboviruses in mosquitoes and animals. Additionally, mosquito-borne disease case reports done by local health districts (LHDs) might still be under investigation and may not be included in the report in a timely manner. Therefore, these data should not be used to assess the current risk of contracting arboviruses in any particular location.

WNV testing protocols:

Human cases

All arboviral and parasitic diseases included in this report are reportable to the Utah Department of Health and Human Services.¹ Healthcare providers across the state submit human samples to both the Utah Public Health Laboratory (UPHL) and private laboratories. The 3 major blood banks serving Utah (American Red Cross, ARUP, and Mountain Star) coordinate screening of donated blood for identification of viremic donors. All LHDs in Utah are involved in dissemination, investigation, and response to surveillance data which indicates of local arboviral activity.

Horse cases

West Nile virus in horses is also <u>reportable to the Utah Department of Agriculture and Food (UDAF)</u>⁷ in the state of Utah. All laboratory reports of positive cases are sent to the state veterinarian at UDAF, who shares the cases with DHHS to report out statewide WNV activity.

Bird cases

Even though routine sentinel chicken surveillance is no longer funded statewide, a few MADs continue to maintain this surveillance activity and report the positive chickens identified through this method to DHHS. In addition, while routine wild bird surveillance is no longer funded statewide, the Utah Department of Wildlife Resources (UDWR) reports any wild bird identified through passive surveillance that tests positive for WNV throughout the season.

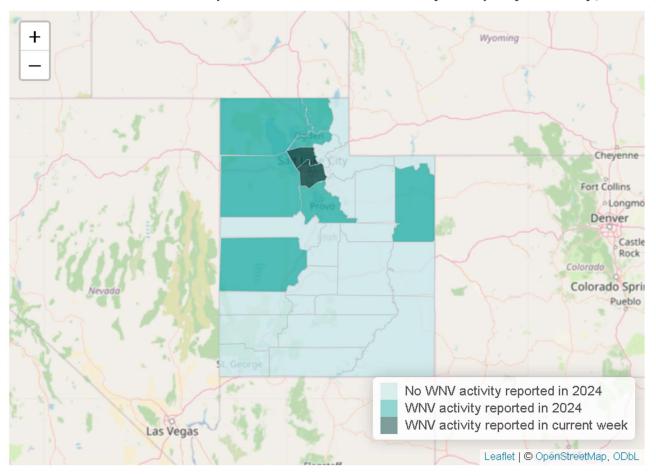
Mosquito pools

Mosquito pooling is a collection and testing method where mosquitoes are grouped in numbers of up to 100 mosquitoes, and the grouped mosquitoes are then tested for mosquito-borne pathogens. Local MADs and tribal abatement districts, in conjunction with the Utah Mosquito Abatement Association, perform necessary trapping and identification for mosquito surveillance. Mosquito pool confirmatory testing is conducted at the UPHL.

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West Nile virus mosquito and animal activity map by county, Utah, 2024



Link to interactive WNV mosquito and animal activity map by county, Utah, 2024

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New this week

Utah WNV updates

Humans

As of September 28, 2024, 13 WNV positive human case has been reported in Utah this year by Bear River (5), Davis County (3), Utah County (2), and Weber-Morgan (3) health jurisdictions. The first human case was reported by Utah County Health Department on 8/22/24. Additionally, 7 presumptive viremic donors (PVDs) have been reported in Weber-Morgan and Davis County health jurisdictions through blood donor screenings.

Horses

As of September 28, 2024, 12 WNV positive horses have been reported this season in Weber County (5), Utah County (4), Millard County (1), and Tooele County (2). The first positive horse was reported on 8/5/24.

Birds

As of September 28, 2024, 2 WNV positive birds have been reported in Utah in 2024. Both birds were sentinel chickens tested by Tooele County MAD.

Mosquito pools

As of September 28, 2024, 307 WNV positive mosquito pools have been reported in Utah by Box Elder (22), Cache (13), Davis (93), Millard (5), Salt Lake (119), Tooele (3), Uintah (18), Utah (5), and Weber (29) counties. To date in 2024, the UPHL and mosquito abatement laboratories have tested a total of 9,211 mosquito pools. The first positive pool was identified in Uintah County on July 15, 2024.

West Nile virus comparisons, Utah, 2024, 2023, and 2022 YTD

	•		
	2022 YTD	2023 YTD	2024 YTD
Counties where WNV has been detected (human, animal, or mosquito cases)/Total Utah counties	8/29	14/29	9/29
Human WNV cases	5	6	13
Horse WNV cases	6	16	12
Positive mosquito pools/Number tested	158/8,834 (1.79%)	295/11,861 (2.49%)	307/9,572 (3.21%)

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WNV testing summaries

YTD West Nile positive samples by local health district, 2024

Health jurisdiction	WNV positive humans	WNV positive horses	WNV positive mosquito pools
Bear River	5	0	35
Central	0	1	5
Davis County	3	0	93
Salt Lake County	0	0	119
San Juan County	0	0	0
Southeast	0	0	0
Southwest	0	0	0
Summit County	0	0	0
Tooele County	0	2	3
TriCounty	0	0	18
Utah County	2	4	5
Wasatch County	0	0	0
Weber Morgan	3	5	29
Total	13	12	307

Mosquito pools positive/total tested, 2024

	WNV	SLEV	WEEV
Week	9/141 (6.38%)	0/141 (0.0%)	0/141 (0.0%)
YTD	307/9,572 (3.21%)	1/9,308 (0.01%)	0/9,308 (0.0%)

WNV = West Nile virus; SLEV = St. Louis encephalitis virus; WEEV = Western Equine encephalitis virus

Human cases of West Nile virus, 2024

Age group	Total	Deaths	Neuroinvasive
1-14	0	0	0
15-24	2	0	2
25-44	3	0	2
45-64	4	0	4
65-84	3	0	2
85+	1	0	1
State total	13	0	11

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<u>Utah: other mosquito-borne disease updates</u>

(including chikungunya, dengue, malaria, and zika)

This week, there was one new reported travel-associated dengue case. There were no locally-acquired mosquito-borne disease cases reported this week in Utah. To date in 2024, there have been a total of 27 malaria cases, 15 dengue cases, 0 chikungunya case, and 1 zika case reported in Utah—all of these were acquired out of country and considered travel-associated cases.

Disease/infection		Total number of	Locally	Travel
	cases this week	cases in 2024	acquired	associated
Chikungunya	0	0	0	0
Dengue	1	15	0	15
Malaria	0	27	0	27
Zika	0	1	0	1

New this week

National updates

Travel advisories:

	Dengue		Chikungunya	Yellow fever	Zika
Africa/ Middle	Americas	Asia/Pacific	Americas	Africa/Middle	Asia/Pacific
East		Islands		East	Islands
Afghanistan	Brazil	French Polynesia		Nigeria	Maharashtra,
Burkina Faso	Colombia	Laos			India
Cape Verde	Costa Rica	Philippines			
Ghana	Cuba	Samoa			
India	Dominican Rep.	Singapore			
Iran	Ecuador				
Mali	El Salvador				
Mauritius	Grenada				
Sudan	Guatemala				
Togo	Guyana				
	Honduras				
	Mexico				
	Panama				
	Trinidad and				
	Tobago				

Level 1 Travel Health Notice, Level 2 Travel Health Alert: https://wwwnc.cdc.gov/travel/notices.

For a map of arboviral disease activity in the United States visit:

https://www.cdc.gov/west-nile-virus/data-maps/current-year-data.html

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Table 1. West Nile virus disease cases and infections reported to ArboNET, 2024

Provisional data as of September 24, 2024

Human disease cases					
		iuman uisease cases			Presumptive
					viremic
		Non-neuroinvasive			blood
Jurisdiction	cases	cases	2000000	Deaths	donors
Alabama	11	5	16	0	3
Arkansas	1	1	2	0	0
Arizona	14	4	18	1	2
California	38	12	50	6	12
Colorado	26	24	50	3	6
Connecticut	4	1	5	0	0
District of Columbia	1	2	3	0	1
Delaware	1	0	1	0	3
Florida	4	0	4	0	4
Georgia	11	6	17	1	12
Iowa	4	0	4	0	1
Idaho	2	3	5	0	0
Illinois	30	7	37	2	4
Indiana	4	0	4	2	4
Kansas	5	3	8	0	0
Louisiana	21	6	27	2	4
Massachusetts	11	1	12	1	0
Maryland	11	1	12	1	1
Maine	1	0	1	0	0
Michigan	16	5	21	1	2
Minnesota	6	2	8	1	6
Missouri	7	2	9	1	0
Mississippi	30	10	40	3	13
Montana	2	1	3	0	1
North Carolina	16	0	16	0	8
North Dakota	10	15	25	0	6
Nebraska	33	27	60	0	14
New Jersey	12	5	17	4	5
New Mexico	13	3	16	3	3
Nevada	11	13	24	0	4
New York	37	19	56	2	11
Ohio	7	0	7	2	3
Oklahoma	16	3	19	2	7
Pennsylvania	27	9	36	3	
Rhode Island	1	0	1	0	
South Carolina	0	1	1	0	
South Dakota	4	11	15	0	
Tennessee	6	1	7	0	
Texas	38	24	62	9	
Utah	8	1	9	0	2
Virginia	6	4	10	1	3
Wisconsin	7	1	8	2	3
West Virginia	2	0	2	0	0
Totals	515	233	748	53	243
Totals	313	233	,40	33	243

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Table 6. Chikungunya virus disease cases reported to ArboNET, 2024

Provisional data as of September 24, 2024

		Locally acquired	
Jurisdiction	Travel-associated disease cases	disease cases	Total cases
California	5	0	5
Colorado	13	0	13
Florida	6	0	6
Georgia	1	0	1
Illinois	16	0	16
Kansas	2	0	2
Massachusetts	18	0	18
Maryland	3	0	3
Michigan	1	0	1
North Carolina	6	0	6
Nebraska	2	0	2
New Jersey	4	0	4
New York	4	0	4
Ohio	3	0	3
Oregon	3	0	3
Pennsylvania	5	0	5
Rhode Island	1	0	1
Tennessee	2	0	2
Texas	7	0	7
Virginia	7	0	7
Wisconsin	2	0	2
Totals	111	0	111

Table 7. Zika virus non-congenital disease cases reported to ArboNET, 2024

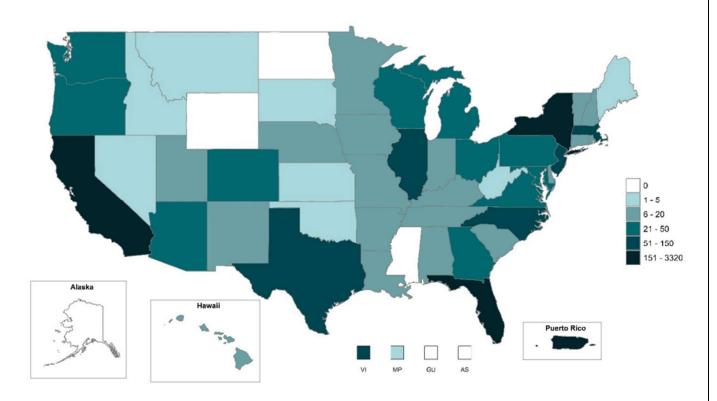
Provisional data as of September 24, 2024

	Travel-associated	Locally acquired disease	Total
Jurisdiction	disease cases	cases	cases
California	2	0	2
Indiana	1	0	1
Massachusetts	3	0	3
North Carolina	1	0	1
Oregon	2	0	2
Pennsylvania	1	0	1
Puerto Rico	0	9	9
Virginia	1	0	1
Totals	11	9	20

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Figure 1. Dengue cases reported to ArboNET — United States, 2024 (as of September 25, 2024).



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References:

- 1. Utah reportable diseases: https://epi.utah.gov/wp-content/uploads/Rpt_Disease_List.pdf
- 2. WNV: https://www.cdc.gov/westnile/index.html
- 3. WNV vaccine for horses: https://aaep.org/guidelines/vaccination-guidelines/core-vaccination-guidelines/core-vaccination-guidelines/west-nile-virus
- 4. St. Louis Encephalitis: https://www.cdc.gov/sle/index.html
- 5. Locally acquired malaria: https://emergency.cdc.gov/han/2023/han00494.asp
- 6. Locally acquired Dengue: https://www.cdc.gov/mmwr/volumes/72/wr/mm7211a5.htm
- 7. UDAF reportable diseases: https://ag.utah.gov/wp-content/uploads/2023/09/August-2023-Reportable-Disease-List.pdf

Special thanks to the California Department of Health for their report format inspiration.

The Utah Department of Health and Human Services monitors <u>reportable arboviruses</u> year-round. If you have any questions about arboviruses, call 1-888-EPI-UTAH or send an email to <u>onehealth@utah.gov</u>.