

# Hand Hygiene Competency Validation: Soap & Water / Alcohol Based Hand Rub (ABHR)

Type of validation: Return demonstration	<input type="checkbox"/> Orientation	<input type="checkbox"/> Annual	<input type="checkbox"/> Other
Employee Name:			
Job Title:			
<b>Hand Hygiene with Soap &amp; Water</b>	<b>Met</b>	<b>Not Met</b>	
1. Checks that sink areas are supplied with soap and paper towels			
2. Turns on faucet and regulates water temperature			
3. Wets hands and applies enough soap to cover all surfaces of hands			
4. Vigorously rubs hands for at least 20 seconds including palms, back of hands, between fingers, and wrists			
5. Rinses thoroughly keeping fingertips pointed down			
6. Dries hands and wrists thoroughly with paper towels			
7. Discards paper towel in wastebasket			
8. Uses paper towel to turn off faucet to prevent contamination to clean hands			
<b>Hand Hygiene with ABHR</b>	<b>Met</b>	<b>Not Met</b>	
9. Applies enough product to adequately cover all surfaces of hands			
10. Rubs hands including palms, back of hands, between fingers until all surfaces dry			
<b>General Observations</b>	<b>Met</b>	<b>Not Met</b>	
11. Direct care providers—no artificial nails or enhancements			
12. Natural nails are clean, well groomed, and tips less than ¼ inch long			
13. Skin is intact without open wounds or rashes			

COMMENTS \_\_\_\_\_

Employee Name (Print) \_\_\_\_\_

Employee Name (Signature) \_\_\_\_\_ Date \_\_\_\_\_

Evaluator Name (Print) \_\_\_\_\_

Evaluator (Signature) \_\_\_\_\_ Date \_\_\_\_\_

Evaluator (Initials) \_\_\_\_\_