

How to Micro-Learn: A train-the-trainer series

Rash



Objectives

1. Who is this webinar for?
2. What is a Micro-Learn?
3. Steps to use a Micro-Learn
4. Helpful tips to implement Micro-Learns



Who is this webinar for?

Anyone who would like to learn how to use a Micro-Learn!

Train-the-trainer style

Step-by-step instructions

What is a Micro-Learn?

Brief

5-minute lessons using graphics and open discussion

Practical

Covers one learning objective, can be used for 'just in time training'

Actionable

Includes what to do when encountering situations

Adaptable

Can be altered to fit the needs of the audience

Step 1: Introduce the topic

Start with the basics:

- A rash is abnormal skin that is usually:
 - Red, irritated, broken
 - May have bumps, flat spots, or blisters
- A rash can be caused by many things including germs that can spread through touch and sometimes air



Step 1: Introduce the topic

Start with the basics:

- Viral infections can cause a rash and can spread to people or the environment
 - Ex: chickenpox, measles
 - Spread can happen when a person breathes or the rash is disturbed
- Some rashes are caused by an injury, an allergic reaction, or parasite
 - These rashes can still contain germs that can be spread through touch.



Step 2: Expand on the topic

Share with your team what you should do:

**Always wear gloves
when caring for a
patient with a rash**

**Clean and disinfect
often and handle
linens with care**

**Consider what
additional IPC
actions are needed**

Step 3: Discuss with your team

Ask thought provoking questions, for example:

- What should you do when you see a rash?
 - What other symptoms would be concerning along with a rash?
- How do you protect your patient?
- Do you worry that you might catch something?
 - How do you protect yourself?
- When might you call for help or assistance?



Step 3: Discuss with your team

Ask questions about any improvements needed:

- What tools and information do you need to do your job safely?
- What do you do if your patient develops a new rash?
- How can we help each other as a team take the right infection control actions when we care for a patient who has a rash to keep germs from spreading?



Step 4: Wrap up and reinforce

Reinforce key takeaways:

**Some rashes can
spread to other
people**

**Consider what PPE
to use when caring
for a patient with a
rash**

**Share reminders
and opportunities
for more learning**

Helpful tips

- Check facility policies and protocols
- Include recent events or local context
- Remind staff how to respond in an emergency situation
- Micro-Learns are geared toward patients and patient environments



Resources

- [Project Firstline Rash Micro-Learn](#)
- [Utah Project Firstline webpage](#)
- [CDC Project Firstline website](#)

You don't always know which rashes are infectious.



Source for Images:
CDC Public Health,
Image Library (PHIL)

Because you can't always tell what causes a rash, you should always take the following actions to protect patients and yourself from the spread of germs.



Treat broken or irritated skin with care; it's a vulnerable place where germs can enter a patient's body.



Use gloves if you have to touch the rash, to prevent germs from spreading.



Clean and disinfect things that the patient has touched.

Learn More

Germs Live on the Skin Infographic: <https://bit.ly/3OEGTty>
Gloves and Gowns Session Plan: <https://bit.ly/44bGkNz>
Environmental Cleaning and Disinfection Session Plan: <https://bit.ly/3KBBTVF>

www.cdc.gov/ProjectFirstline



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



Post assessment

Please scan the QR code to complete a brief 3 question post assessment. A certificate of completion will be sent to you once you complete the post assessment.



Post assessment

Did this webinar improve your understanding of Micro-Learns? (Radio buttons, yes, no, somewhat)

How likely are you to implement this training in your organization?
(Sliding scale 1-5)

Thank you!

Email HAI@utah.gov for any questions.