

How to Micro-Learn: A train-the-trainer series

Blood



**PROJECT
FIRST LINE**

CDC's National Training Collaborative
for Healthcare Infection Control



Utah Department of
**Health & Human
Services**

Objectives

1. Who is this webinar for?
2. What is a Micro-Learn?
3. Steps to use a Micro-Learn
4. Helpful tips to implement Micro-Learns



Who is this webinar for?

Anyone who would like to learn how to use a Micro-Learn!

Train-the-trainer style

Step-by-step instructions

What is a Micro-Learn?

Brief

5-minute lessons using graphics and open discussion

Practical

Covers one learning objective, can be used for 'just in time training'

Actionable

Includes what to do when encountering situations

Adaptable

Can be altered to fit the needs of the audience

Step 1: Introduce the topic

Start with the basics:

- Always assume blood is infectious
- The most concerning pathogens in blood are:
 - HIV
 - Hepatitis B
 - Hepatitis C
- Bloodborne pathogens spread when infected blood enters the body



Step 2: Expand on the topic

Share with your team what you should do:

**Always wear gloves
when touching
blood**

Look for sharps

**Keep track of
sharps during
procedures**

Step 3: Discuss with your team

Ask thought provoking questions, for example:

- What do you usually do when you see blood?
- Do you worry that you might catch something?
- When might you call for help or assistance?



Step 3: Discuss with your team

Ask questions about any improvements needed:

- What tools and information do you need to do your job safely?
- What do you do if you have a needlestick or blood exposure?
- How can we help each other as a team take the right infection control actions when we see blood to keep germs from spreading?



Step 4: Wrap up and reinforce

Reinforce key takeaways:

**Always assume
blood is infectious**

**Don't touch blood
without gloves on**

**Share reminders
and opportunities
for more learning**

Helpful tips

- Check facility policies and protocols
- Include recent events or local context
- Remind staff how to respond in an emergency situation
- Micro-Learns are geared toward patients and patient environments



Resources

- [Project Firstline Blood Micro-Learn](#)
- [Utah Project Firstline webpage](#)
- [CDC Project Firstline website](#)

What Should You Do If You See Blood?

Use Gloves If You're Going to Touch Blood

After completing your task, remove gloves right away and clean your hands.

Use the Right PPE If Splashes and Sprays Are Likely

The PPE you use should protect your skin, eyes, nose, and mouth.

Clean Your Hands

Always clean hands after tasks involving blood – gloves are not a substitute for hand hygiene.

Look for Sharps

Handle needles and sharp items carefully and safely dispose of them in a sharps container.

Always Act As If Blood Is Infectious

Learn More

Germs Can Live in Blood: <http://bit.ly/3GUqFKo>
CDC One and Only Campaign: <https://bit.ly/3QAS6w6>

www.cdc.gov/ProjectFirstline

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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Post assessment

Please scan the QR code to complete a brief 3 question post assessment. A certificate of completion will be sent to you once you complete the post assessment.



Post assessment

How helpful did you find this training? (Sliding scale, Not helpful - Very helpful)

How likely are you to present a staff training about blood safety?
(Sliding scale Not likely - Definitely plan to)

Thank you!

Email HAI@utah.gov for any questions.



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